## **TUG-O-WAR RULES**

**Youth Team (9yrs - 11yrs) Youth Team (12yrs - 15yrs) Adult Team (16yrs & Up)** 

## **General Rules:**

- Players will be required to have played their first game between 9:30 a.m. and 12 p.m. All winners will advance to the second round. Instructions will be given by the instructor over the event.
- Please note that if you do not show up to play within the time allotted for the first round, you will be disqualified.
- · There is no adult or youth division.

## Rules:

- Exactly 7 players on each team.
- Teams will get on opposite sides of each other, with the center of the rope marked and placed directly over the middle area of tug-of-war field.
- Once the event leader says "GO" players will attempt to pull their opposing team across the middle area.
- The first team to pull the opposing team over the middle area wins.