

INTENSE

WARRIOR GAMES

TUG-O-WAR

- 7 players on each team
- Teams will get on opposite sides of each other, with the center of rope marked and placed directly over the middle area of tug-o-war field.
- Once the event leader says “Go”, players will attempt to pull their opposing team across the middle area.
- The first team to pull the opposing team over the middle area wins.